# Shadow Ridge Middle Schoot Band Symphonic Band Practice Chart 

NAME: $\qquad$ INSTRUMENT: $\qquad$ LOCKER \#: $\qquad$
Practice Reports are due monday, signed by a parent. Five weekly practice sessions are required for full credit. They may be turned in OnE day late $(-10)$. Practice all seven days for a bonus $(+10)$.

## STUDENTS: FILL IN THE ITEMS TO PRACTICE THIS WEEK

Fundamentals: $\qquad$
Scales
Symphonic Band Music
Additional Music: $\qquad$



PARENTS: INITIAL THE THINGS YOU OBSERVE ABOUT THE PRACTICING ENVIRONMENT (Parents, this is just for the first week of the year to establish a successful practicing routine.
Please visit PracticingGuide.weebly.com for more practicing information)

| OBSERVATIONS | CIRCLE | PARENT <br> INITIALS |
| :--- | :--- | :--- |
| Practicing in a well lit room with no distractions | Yes or no |  |
| Sitting tall in a sturdy chair lor standing up) | Yes or no |  |
| Using a music stand at eye level | Yes or no |  |
| Using a metronome | Yes or no |  |
| Usual time of day practicing took place: | Before School, At School, After School, Before Bed |  |

